

HEALTH AND PHYSICAL EDUCATION

Course Expectations Regarding Occupational Health and Safety (OHS)

General Considerations for Program Planning: Health and Safety

The creation of challenging and exciting learning environments in health and physical education must reflect a concern for safety, as physical activity always involves some element of risk. The primary responsibility for the care and safety of all students rests with the school board and its employees. School board policies and procedures are developed to help prevent or minimize the risk of injuries or accidents. Safe programming also requires safety awareness on the part of the teacher.

Planning for health and physical education activities should include safety considerations related to equipment, clothing, footwear, facilities, student abilities, special rules or instructions, and supervision. Students are expected to assume increasing responsibility for their own safety and the safety of others.

Grade 11

Healthy Active Living Education (Grade 11, Open) PPL30

MINISTRY OF EDUCATION COURSE EXPECTATIONS	CHAPTER	SECTION & PAGE
Active Living SE: Apply appropriate guidelines and procedures for safe participation in physical activity (e.g., using appropriate equipment and facilities, wearing appropriate attire, meeting expectations regarding supervision, understanding the importance of proper posture in minimizing injury).	Ergonomics	<i>optional</i> Section I: pgs. 2-10

Health for Life (Grade 11, Open) PPZ30

MINISTRY OF EDUCATION COURSE EXPECTATIONS	CHAPTER	SECTION & PAGE
Community Health <i>Health and Environmental Factors</i> SE: Analyze the environmental factors (e.g., air and water quality, living conditions) that affect personal health (e.g., increase in respiratory and communicable diseases); identify school and	Biological and Chemical Hazards	<i>optional</i> Section I: pgs. 29-38

MINISTRY OF EDUCATION COURSE EXPECTATIONS	CHAPTER	SECTION & PAGE
workplace health issues (e.g., air quality, occupational injuries).		

NOTE: OE and SE: *Overall Expectations and Specific Expectations*